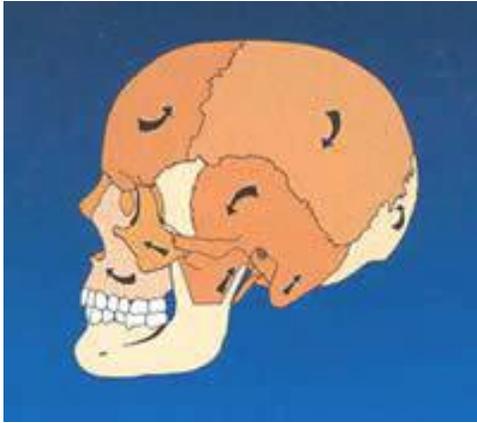


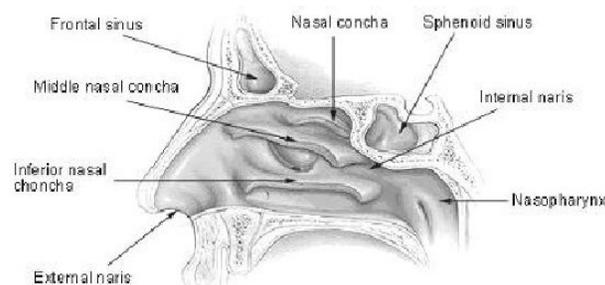
Nasal Specific



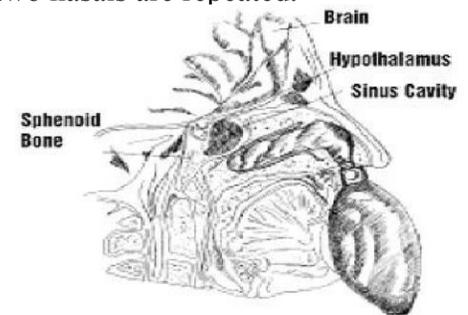
Nasal Specific/Bilateral Nasal Specific (BNS) is a proven, reviewed, controlled approach and technique that works to unwind the body and help it return to a more optimum function by widening the nasal passages and adjusting the cranial plates to release pinned up stress/pressure that affects the nervous system and it reestablishes/increases the flow of oxygen, blood, and cerebrospinal fluid to the body's nervous system and to the brain.

The Nasal Specific Method:

Nasal Specific uses finger cots, affixed/tied to a blood pressure bulb (a sphygmomanometer) to deliver an even and effective controlled amount of air to widen the nasal passages. The finger cot portion of this device is lubricated. The patient breaths out through their nose, this allows access and proper placement of the finger cot into the nasal passageway. The finger cot is gently tucked in around the outer edges of the nostril to insure that no outward bulging of the balloon occurs when it is inflated. The nostril is lightly compressed around the valve of the pressure bulb, so that no air can escape. The other nostril is left free and not compressed so air can escape. The patient then takes a deep breath in and holds it. By taking the breath in it expands the joints/membranes of the nasal and cranial walls. The finger cot is then gently inflated and makes its way through the nasopharynx of which, there are 6, 3 on each side of the nose widening them as it moves along. The nasal passages are stair stacked on top of one another.



The finger cot/balloon is first inserted into the lower portion of the nose, first one side then the other. This is done to keep facial, pressure, and symmetrical balance and optimize the benefits of this technique. The process is then repeated in the middle and top passageways. Then the process is repeated in the lower nasal passageway to help complete the full effect of nasal enhancement. Because the nasal passageways are stair stacked, and widening the upper two nasal pathways indeed compress the lower nasal passageways somewhat. Therefore, the lower nasal passageways are repeated to completely stimulate and to place the lower nasal flaps in an upright position, instead of in an inverted one. This allows for maximum air intake and cranial spinal fluid movement, which is needed to feed our central nervous system. Many times the greatest effect is accomplished after the bottom two nasals are repeated.



The treatment has its greatest effect when the finger cot reaches and taps on the upper back portion of the throat. The patient can expect to hear popping sounds as stress is relieved as the cranial bones are adjusted. One's eyes may water and nasal fluid may drain into the throat, rarely some light bleeding may occur. Ideally, this technique should be done a total of 8 inflations per visit. Depending on one's symptoms recommendations vary, but ideally every two weeks, until conditions improve, then once a month to every other month, then at least two to four times per year. Please consult your practitioner for your best individualized treatments.

The following is a list of dysfunctions that can be either, eliminated or their debilitating effect reduced with the treatment of Nasal Specific.

Arthritis
Asthma
Attention Deficit Disorder
Autism
Biochemical Trauma
Bi-polar Disorder
Bell's Palsy
Cerebral palsy
Chronic Fatigue Syndrome
Coma
Crooked Teeth
Deaf Blindness
Dental Pressure
Dizziness or Vertigo
Downs Syndrome
Dyslexia
Ear infections
Easily Frustration
Encephalitis (brain swelling)
Epilepsy
Indecision
Infant Colic
Irritability
Insomnia or Somnolence
Learning Disorders
Loss of Attention Span
Loss of mental Coordination
Loss of Visual Acuity
Loss of Hearing
Loss of Speech
Mental Retardation
Migraine Headaches
Multiple Sclerosis
Muscular Dystrophy
Muscular Systems Atrophy
Nasal Allergies
Nasal Congestion
Neck and Back Pain
Nervousness
Neurological Dysfunctions
Sinus Problems
Stroke
TMJ Dysfunction
Whiplash

To find out more and to find a listing of known qualified Nasal Specific practitioners visit the contact directory at:

www.nasalspecific.com

Relief of Body Pressure and Cranial Stress:

Cranial stress and pressure can be brought on by many things, such as high levels of stress at work, blunt force trauma to the head or back, falls, car, bike, and skiing accidents, sports injuries, concussion impacts, and birth trauma.

Anytime a forcible movement shocks someone's spine or when applied force is exerted upon the head the cranial plates along their fault lines will either lock or shift out of place. Depending on the level of shock/impact will determine how much stress is placed on the head. For some this is a build up over a life time, for others this happens at birth.

There are 22 major cranial bones in the head, all of which are inter connected and expand and contract with our breathing. When one cranial plate is off set it builds up pressure and can lock. This then causes the nerve endings to miss fire in the compacted area. The results of this is a wide variety of disabilities and dysfunctions. Some of the most traumatic being Cerebral Palsy, Deaf Blindness, loss of hearing or loss of vision. The therapy of Nasal Specific not only clears out the sinuses so one can breath better and thus have stimulated oxygen and blood flow to the brain, but it also works to release the compound stress on the cranial plates. By tapping the back of the throat, it taps the Stephnoid bone and thus lightly adjusts and relieves stress on the rest of the cranial plates.

Releasing this pressure allows for proper alignment and movement to be achieved. This will in turn stimulate the crainospinal fluid and blood flow, thus lubricating the entire neurological network through out the head and onto the rest of the body. This technique works to unwind the tension that has been placed on the head and on the body. Think of it as a working to

unlock a set of rusty gears. With regular ongoing treatment over time these gears will unlock and more normal nerve ending function will be able to repair and stimulate functional activities of the body, on both the nutritional chemical, and motor agility spectrum of bodily functions.

Not all dysfunctions can be completely relieved but their effects can be minimized. Increasing mobility and stimulating body and mind.

