

## *~Chapter 12 Opportunities and Threats~*

At this point, I would like to take a brief moment and point out some areas that are worth noting. It is indeed important to not only point out the benefits but also shed some light on weaknesses and threats so that you the reader can be fully informed and make the right decisions for yourself and for your loved ones. As with anything Nasal Specific also has its critics and even though many of their claims are undocumented and backed they do add unnecessary tension to an already controversial topic. At the same time, people within its own society are in disagreement on the way to proceed and document this technique as well as disagreement on technical development and terms. This is why the development of Nasal Specific has been limited and held back. There are a small handful of cases where the patient had an adverse side effect. Most noticeable in an article that reported that a 51 year old woman received treatment and suffered from fractures in two sections of her nasal septum, the bridge of the nose, the bones that are between the eyes. The reason why this happened is do to the fact that the individual who was utilizing the technique was not fully trained and had limited exposure to the functions and implantation of this practice at the time of treatment. The individual was unsure of how much pressure to exert on the blood pressure bulb to inflate the balloon. It may also be a case of the individual, the patient, having cranial faults or weak bones. In either case, be sure to consult with someone before you proceed in this fashion. No one wants this treatment to be harmful to the overall development of the body in any way.

I came across, in doing my research, one other case. However, the report time lines are conflicting, one says the incident happened in the late 1970's and the second says that the incident happened in 1983. The results were the same. A small child with a disability in Canada was being treated by a Naturopath. During one of the child's treatments, the finger cot/balloon slipped off the blood pressure bulb and quickly, en-lodged itself in the child's windpipe. The practitioner and the parents tried desperately to retrieve the finger cot, but they were unsuccessful in doing so and the child passed away. This is the only known case of this technique resulting in a fatality. Compared to medical and various deaths from miss diagnoses and test pills/drugs there is really no comparison. Hundreds of people die every year do to these factors, but the focus was centered on this single child, this single event, even though thousands have benefited from its release of pressure

upon the cranium. Because of this, one incident the use of nasal specific went underground for many years and has just recently took on the newer form of NCR. A small hand-full of people still practice the technique because the benefits far out way the results if not used. I contacted a couple of people in Canada who know about the technique and they believe in its capabilities but will not openly admit to using the technique, no doubt do to the incident that happened some years ago. Because of this the resources and information accessibility to the general public and to those who have children with disabilities virtually ceased to exist and because of this, today we are seeing an increase in the number of children with documented dysfunctions and disabilities.

The process of how the finger cot/balloon is affixed to the blood pressure bulb was reviewed and today the practitioner uses a coated piece of string that is much like dental floss, and in some cases is indeed dental floss. This string is wrapped around the finger cot/balloon at the point where it affixes to the blood pressure bulb at least three to six times then tied in a firm knot, sometimes two to three knots to insure that this tragedy never happens again.

General complications from the treatment of nasal specific is far and in-between and are indeed uncommon. It is worth to note two important factors here. Due to the finger cot expanding the nasal passageway light bleeding from the nose can occur, but rarely does, this applied force rupture a blood vessel. As well persons with recent, under 2 years facial bone fractures, and especially nasal fractures should not seek treatment due to the needed time to properly heal from the adverse impact that caused the initiating fractures in the first place. There maybe minor sourness in the upper throat and in the gums of the teeth for a couple of days directly following a treatment. The reasoning why the teeth may show signs of soreness is because the treatment offers the ability to adjust the jaw bones and in effect adjust or unlock the tension on the teeth, thus straighten and allowing them to move back into their position. At the same time, some people find this technique to be painful enough that they decline to continue treatments. However, this is an element of mind over matter, the results are so dynamic and life changing that for those who understand the full benefits of this effect are willing to put up with a few seconds of controlled/applied pressure and are pleased with the results of the adjusted outcomes. The sense of pain means that nerves are waking up an becoming functional as well the

aching in the teeth after a treatment means that the teeth are realigning without the need for braces or retainers. Soreness in the neck may be felt afterwards for a couple of days as well, but this is a good thing. For example in this author's case before treatment, I ran my fingers along the spinal column in the neck. There were a couple of spots where the neck indented this is because of misaligned plates. After treatment, the neck was indeed sore for a couple of days. However, afterwards the neck was one solid steady piece and no deviations or pockets were felt or noted. In this, the neck pain is a result of realigning the vertebrae back into the proper position. The result was increased feeling in my legs and feet, not to mention in the bowel track system. Therefore, in this instance yes the benefits far outweighed the couple of days of sore neck sensations. It is also well to point out that the feeling of this soreness is not associated with pressure but is associated with the release of pressure/tension.

When seeking treatment the need to balance the possible benefits needs to be weighed with the discomfort level and with the limiting aspects of the condition.

The benefits of nasal specific far outweigh the threats that have showed themselves in the past. As with anything the goal is to learn from the past and move forward learning from what went wrong so that risk of repeating the same things is eliminated. The following is a list of dysfunctions and disabilities that can be either eliminated or their effect greatly lessened with the use of nasal specific.

Accident Related	Coma
Allergies	Dental Pressure
Alzheimer's	Disorientation
Anger	Dizziness or Vertigo
Anxiety	Dyslexia
Appetite Changes	Ear infections
Arthritis	Easily Frustrated
Asthma	Encephalitis (brain swelling) Confusion
Attention Deficit Disorder	Epilepsy
Bad Breath	Falls
Birth Trauma	Fatigue
Biochemical Trauma	Guillain-Barre Syndrome
Bedwetting	Hearing Loss
Bi-polar Disorder	Headaches
Bell's Palsy	Indecision
Cerebral Palsy	Infant Colic
Chronic Fatigue Syndrome	Irritability

Insomnia or Somnolence  
Learning Disabilities  
Loss of Attention Span  
Loss of Mental Coordination  
Loss of Smell  
Loss of Visual Acuity  
Medical Procedures  
Mental Retardation  
Multiple Sclerosis  
Muscular Dystrophy  
Muscular Systems Atrophy

Neck and Back Pain  
Nervousness  
Neurological Dysfunctions  
Obsessive Compulsive Disorders  
Parkinson's Disease  
Poor Memory/Memory Loss  
Reduction in the Ability to Read  
Severe Emotional  
Sensitivity to Light and Sound  
Sports Injuries

Over the years I have had tremendous success with Nasal Specific some of the more notable long lasting effects that this has had on my personal being include.

Ability to Speak  
Anxiety  
Attention Span  
Balance  
Confusion  
Decrease in Headaches  
Feeling throughout my Body  
Greater vocal capacity  
Enhanced Hearing

Increased Energy  
Increased Mental Capacity  
Muscular Dexterity  
Muscular Response  
Decrease in Neck and Back Pain  
Decrease in Nervousness  
Straightness of Teeth  
Vision Enhancement

These have and are just a hand full of the benefit's that I have noticed over the years of treatment, and I am positive that there are many, many more.

How do we know that someone is suffering from compressed cranial plate pressure? If they do not have an obvious disability we can most noticeably see this in their attention span and in their facial expressions and facial make up, structures on the cheek bones. Some things to look for are the symmetry of the temple bones, right above the ear, check to see if this area of the head is compressed. Other facial keys that let us know that there is added pressure upon the brain and central nervous system include assessment of the ear lobes. Check to see if one ear lobe is lower than the other or if one nostril is wider than the other. The same is true for the eyes, look to see if one eye is higher than the other or is miss-formed or bigger than the other eye. Another element to look for is placement of their jaw bone. See if it opens straight or does it articulate/divert off to one side when the person opens and closes their mouth. Check your mobility and balance. To see if your spin is in the correct/optimum position you can hang string from the ceiling and tie a

small weight to the end closest to the floor, have someone back up to this free standing/hanging string and visually line up the back with the string and see if there is a curvature in the spine. If there is a curvature in the spine, then care is needed to return the body to a normal state of function. It could very well be the case that the spine itself is ok and that the hips or the cranial plates are out of proportion. In either case cranial adjustments and spinal adjustments, specifically to the lower lumbar regions is needed for optimum alignment and stability of the body as a whole.

Today the greatest challenge lies in these who still know of the benefits of the use of endonasal balloons. For the health of our children and for those with disabilities it is critically important to spread the concept and awareness of this life changing technique, both to the public and to the various health professionals. Another challenge is in finding the resources available to adequately educate and skillfully train individuals who are interested in providing this life changing experience. It is the hopes of many, that within our lifetime this recognition will take place. Those who work with developmental delays, in trauma centers, in orthopedic clinics, in the birthing room itself, will be educated and required to learn the effects and causes of dysfunction. As well as know of the techniques that can minimize these dysfunctions and minimize these disabilities and also be able to properly provide resources and/or treatment to lessen the effects that plague so many.